

Looking to try something completely new and different? Check out these locations and services for some more adventurous forms of physical activity. Have fun & be safe!

Rock Climbing

- Peak Experiences <http://peakexperiences.com/>
11421 Polo Cir., Midlothian | 804-897-6800
- Manchester Climbing Wall <http://www.jamesriverpark.org>
James River at Manchester Bridge
- Buttermilk Trail Bouldering <http://www.jamesriverpark.org>
4100 Riverside Dr., Richmond

River Sports (kayaking, white water rafting, paddle boarding...)

- RVA Paddle Sports <http://rvapaddlesports.com/>
1320 School St., Richmond | 804-898-0697
- Kayak Richmond <http://www.kayakrichmond.com/>
2005 Huguenot Rd., Bon Air | 804-272-9500
- Riverside Outfitters <http://www.riversideoutfitters.net/>
6836 Old Westham Rd., Richmond | 804-560-0068
- River City Adventures <http://www.rivercityadventure.com/>
100 Stockton St, Richmond | 804-233-4000

RVA Dragon Boat Club <http://www.sportsbackers.org/training-team/rva-dragon-boat-club/>

Rocketts Landing, Richmond | 804-285-9495

Richmond Area Speleological Society (caving) <http://caves.org/grotto/rass/>

7870 Villa Park Dr., Richmond

Richmond Area Bicycling Association <http://www.raba.org/weekly-rides.php>

Location varies

VCU Outdoor Adventure Program <http://www.recsports.vcu.edu/programs/outdoor-adventure/>

130 S. Linden St., Richmond | 804-828-6004

Consider signing up for *PULSE*, a weekly e-newsletter from SportsBackers, for more ideas on how to participate in the Active RVA community!: <http://www.sportsbackers.org/program/active-rva/>