

Not sure where to go to get fit? Below are a variety of local options from Fitness Centers to Boutique Studios.  
 Click on the links to learn more.

	<u><a href="#">GYM + GROUP EX CLASSES</a></u>	<u><a href="#">YOGA STUDIOS</a></u>
<u><a href="#">Gold's Gym</a></u>	9101 Midlothian Turnpike, Richmond   804-562-4632 8904 West Broad Street, Richmond   804-968-4653 345 Schofield Drive, Midlothian   804-379-5690	<u><a href="#">OM ON Yoga</a></u> 320 Libbie Avenue, Richmond   804-282-9642
<u><a href="#">YMCA</a></u>	2 West Franklin Street, Richmond   804-644-9622 1051 East Cary Street, Richmond   804-200-6070 4207 Old Brook Road, Richmond   804-329-9622 7540 Hull Street, Richmond   804-276-9622 8017 Rutland Center Boulevard, Mechanicsville   804-427-9622 9211 Patterson Avenue, Henrico   804-740-9622 2244 John Rolfe Parkway, Henrico   804-360-8767 11255 Nuckols Road, Glen Allen   804-270-3866	<u><a href="#">Humble Haven Yoga</a></u> 13 S 13th Street, Suite 100   804-447-5191
<u><a href="#">American Family Fitness</a></u>	11760 West Broad Street, Richmond   804-364-1200 6337 Mechanicsville Turnpike, Mechanicsville   804-569-1600 12900 Amfit Way, Midlothian   804-378-7667 4751 Brad McNeer Parkway, Midlothian   804-763-1111 10101 Brook Road, Glen Allen   804-261-1000	<u><a href="#">Project Yoga Richmond</a></u> 6517 Dickens Place, Richmond   no telephone listed
<u><a href="#">Anytime Fitness</a></u>	11530 Busy Street, Richmond   804-379-3220 11224 Patterson Avenue, Henrico   804-754-1000 1070 Virginia Center Parkway, Glen Allen   804-658-3725	<u><a href="#">BARRE STUDIOS</a></u>
<u><a href="#">ACAC Fitness &amp; Wellness Center</a></u>	11621 Robious Road, Midlothian   804-378-1600 2201 Old Brick Road, Glen Allen   804-464-0990	<u><a href="#">Corner Barre</a></u> 13827 Village Place Drive, Midlothian   804-378-7047 3466 Lauderdale Drive, Richmond   804-360-3820
<u><a href="#">Victory Lady Fitness Center</a></u>	10050 Midlothian Turnpike, North Chesterfield   804-272-1095 9699 West Broad Street, Glen Allen   804-965-9741	<u><a href="#">Pure Barre</a></u> 6235 River Road, Richmond   804-477-6036 4017 Lauderdale Drive, Henrico   804-918-2568
<u><a href="#">VCU Gym</a></u>	911 West Cary Street, Richmond   804-827-1100 900 Turpin Street, Richmond   804-827-1100	<u><a href="#">PILATES STUDIOS</a></u>
<u><a href="#">Weinstein Jewish Community Center</a></u>	5403 Monument Avenue, Richmond   804-285-6500	<u><a href="#">Core Pilates of Richmond</a></u> 1123 North Gaskins Road, Richmond   804-822-2673
<u><a href="#">GROUP FITNESS</a></u>		<u><a href="#">CYCLING STUDIOS</a></u>
<u><a href="#">CrossFit RVA</a></u>	900A West Leigh Street, Richmond   804-313-9348	<u><a href="#">Boho Cycling Studio</a></u> 714 North Sheppard Street, Richmond   804-377-6947
<u><a href="#">Next Level Fitness</a></u>	Outdoor classes throughout Richmond   804-909-5060	<u><a href="#">Tidal Wheel</a></u> 5807 Patterson Avenue, Richmond   804-282-1201
<u><a href="#">Oxygen + Iron</a></u>	208 Heaths Way Road, Midlothian   804-423-1375	<u><a href="#">POOL WORKOUT</a></u>
		<u><a href="#">Peluso Open Water</a></u> 4161 Traylor Drive, Richmond   804-308-0411